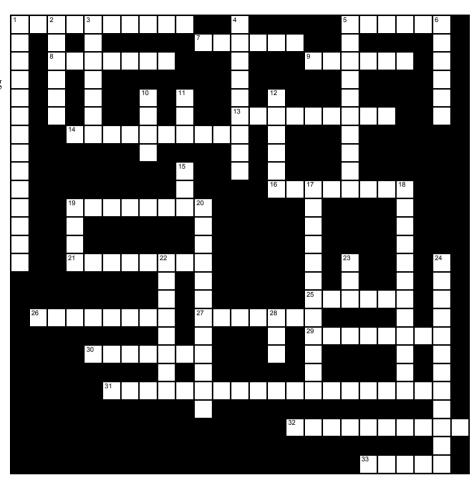
Habits, Change & Accountability (Winter 2013)

Across

- 1 Oxygen-carrying protein (10)
- 5 Satisfies a craving (6)
- 7 Province of last asbestos mine (6)
- **8** Found in every habit (7)
- 9 Meaning of the "eating pause" (6)
- 13 Nickname for PPACA (9)
- 14 Contributes to suicide (10)
- 16 Chrysotile (8)
- 19 Industrial accident prevention guru (8)
- 21 Month of lowest suicide rate (8)
- 25 Low iron levels (6)
- **26** Unhealthy fat (8)
- 27 Where belly fat accumulates (7)
- 29 Consequence of diabetes (8)
- 30 Eating that can help you lose weight (7)
- 31 Safety survey of workforce (19)
- 32 Clean air device (10)
- 33 Done without thinking (5)



Down

- 1 Policy with lowwe benefit cost (14)
- 2 Smoking TV newscaster (6)
- **3** Blood sugar (7)
- 4 Produces feelings of wellbeing (9)
- 5 Underlying agents (10)
- **6** Writes of habits (6)
- 10 Body part that forecasts health (4)

- Prevention program with employee focus (abbr) (3)
- 12 Newest Rotterdam Convention supporter (6)
- 15 Ground Zero site (abbr) (3)
- 17 Manages memory (12)
- 18 Fat stores just under the skin (12)

- 19 Why is it so to change a habit?
 (4)
- **20** What swollen feet may signal (12)
- 22 Middle age spread (8)
- 23 Triggers a habit (3)
- 24 What peeling feet may signal (12)
- 28 Asst. for Laborers and family members (3)